



FAIRFAX CITY

Parks & Recreation

Young at Heart 2026 Day Trips

All trips require a reservation– *First come, first served!*

Registration for September - October Day Trips opens Monday, August 17:

8:30am: Fairfax City residents: Walk-in on-site registration ONLY	10:30am: Fairfax County and Senior Center members: Walk-in on-site registration ONLY	12:30pm: General registration opens All 55+ seniors: On-site, online, phone and mail-in registration opens
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Registration for November - December Day Trips opens **Monday, October 19** with the same timeframes.

On-site registrants may register one other person TOTAL – however, if you are a City resident and the other registrant lives in Fairfax County, you may get a Fairfax County number to register them during the 10:30am time-frame.

Payment is due at time of registration unless you are placed on a waitlist. All day trips include trip escort and round-trip bus transportation from Green Acres Center.

If you sign up, show up! Please arrive 15-30 minutes before departing to check-in with your Fairfax City Senior Center membership card or ID (for a free membership card for Fairfax City or County residents, please arrive 30-45 minutes ahead with a valid ID to complete registration form; for others, \$5/day fee or \$50/year). Trip check-in is about 15 minutes prior to departing.

Seating: Notify us in writing at time of registration if you require accommodations. *Note:* Seats are first come, first served going and returning.

Cancellation Policy: *If the Fairfax City Parks and Recreation Department cancels a trip, a full refund will be given.*

Refund Policy: **ALL SALES FINAL:** No refunds will be given on tickets already purchased. **Participants who request a refund must fill out a Refund Request form one week before the trip for refund consideration. If approved, a \$10 fee will be charged per person, per trip, to process the refund.**

Inclement Weather: Staff will notify registered trip participants if weather necessitates trip changes.

Note: Due to conditions beyond our control, it is sometimes necessary to adjust itineraries, change meal selection, or cancel a trip.

For further trip information, please check the website (www.fairfaxva.gov/government/parks-recreation/the-young-at-heart-senior-center/senior-trips) or call Green Acres Center: 703-273-6090.

ICON LEGEND:

	Lunch Included in Trip		Boat Ride Included
	Bring \$ for Lunch/Shopping	SG/GT	Self-Guided Tour/ Guided Tour
	Ticketed Event		Significant Walking/Standing



September 2026

Washington Nationals vs. Atlanta Braves Baseball Game! (Washington, D.C.)

!! Discounted and \$26 meal voucher per person !!



Back by popular demand, and now at a discounted price, we'll be headed back to Nationals Stadium to watch the Nats take on the Atlanta Braves! Everything about this trip has been upgraded: a lower price, a \$26 meal/concession voucher per person, physical paper tickets for easier seat access, and 100% covered seats in section 200 with very convenient concession and restroom access. The Nationals have 3 MLB All-Stars versus the Braves' 5 MLB All-Stars. This will be a very competitive game to enjoy with fellow Green Acres Nats fans!

This trip is walking intensive. Lunch vouchers provided.

Wednesday, September 2 Depart: 11am Approx. Return: 6:00pm

\$80



Crab Feast Aboard an Old-Fashioned Riverboat! (Hurlock, MD)



Are you a crab lover? Do you also enjoy being on the water? Have you ever wondered what it would be like to enjoy BOTH at the SAME TIME? Join us on a three hour, old-fashioned riverboat through the Choptank River while devouring a crab FEAST, hosted by the highly rated Suicide Bridge Restaurant! A day trip back by popular demand, so seize this opportunity to have a feast of a lifetime! After our voyage, we will pitstop at an Amish market in Annapolis.

*Lunch included: Steamed crabs, crab soup, fried chicken, clam strips, corn on the cob, coleslaw, light refreshments, and dessert! Cash bar not included. **Members with shellfish allergies are not advised to participate on this trip. Stair climbing expected.***

Wednesday, September 30 Depart: 9am Approx. Return: 7:00pm

\$135

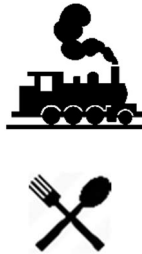




October 2026



	Unforgettable Day at Graves Mountain Lodge! (Syria, VA) Escape to the scenic beauty of the Blue Ridge Mountains with a relaxing day trip to Graves Mountain Lodge in Syria, Virginia! Nestled in the heart of the Shenandoah Valley, this charming mountain retreat offers breathtaking views, warm hospitality, and a delicious home-style lunch. Spend the afternoon exploring the beautiful grounds and going on their scenic hayride. Take this chance to connect with friends and experience Virginia's natural beauty in the fall! <i>Delicious country lunch included in trip price; bring money for potential apple picking or other fall goodies. Hay ride included.</i> Wednesday, October 7 Depart: 10am Approx. Return: 5:00pm	\$65
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	Watching Eagles and the Autumn Foliage on a Mountain Train Ride... with Premium Dining Included! (Romney, WV) Experience the beauty of autumn on this once-in-a-lifetime day trip on the Potomac Eagle Scenic Railroad! Sit back and relax as you enjoy a delicious multi-course lunch while traveling through the breathtaking mountain landscapes of West Virginia. This unforgettable rail journey offers spectacular views of vibrant fall foliage and the chance to spot majestic bald eagles soaring above the Potomac River in their natural habitat. With stunning scenery, a good meal, and great company, this scenic excursion is the perfect way to celebrate the colors of the season! <i>Multi-course lunch and tip included ticket price! Train may not be ADA accessible, and may require climbing a handful of stairs to board.</i> Wednesday, October 14 Depart: 9:30am Approx. Return: 7:00pm	\$150
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Trip details, prices, and dates are subject to change.

Fairfax City Parks and Recreation Department will comply with the Americans with Disabilities Act (ADA), which prohibits discrimination on the basis of disability. Fairfax City Parks and Recreation Department will make reasonable accommodations in recreation programs to enable participation by an individual with a disability who meets essential eligibility requirements for that recreation program. The ADA requires that recreation programs offered by Fairfax City Parks and Recreation Department be available in the most integrated setting appropriate for each individual.