

Young at Heart Day Trips

All trips require a reservation– *First come, first served!*

Registration for September - October Day Trips opens **Monday, August 11:**

8:30am: Fairfax City residents: Walk-in on-site registration ONLY	10:30am: Fairfax County and Senior Center members: Walk-in on-site registration ONLY	12:30pm: General registration opens All 55+ seniors: On-site, online, phone and mail-in registration opens
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Registration for November – December Day Trips opens **Tuesday, October 14** with the same timeframes.

On-site registrants may register one other person TOTAL – however, if you are a City resident and the other registrant lives in Fairfax County, you may get a Fairfax County number to register them during the 10:30am time-frame.

Payment is due at time of registration unless you are placed on a waitlist. All day trips include trip escort and round-trip bus transportation from Green Acres Center.

If you sign up, show up! Please arrive 15-30 minutes before departing to check-in with your Fairfax City Senior Center membership card or ID (for a free membership card for Fairfax City or County residents, please arrive 30-45 minutes ahead with a valid ID to complete registration form; for others, \$5/day fee or \$50/year). Trip check-in is about 15 minutes prior to departing.

Seating: Notify us in writing at time of registration if you require accommodations. *Note:* Seats are first come, first served going and returning.

Cancellation Policy: *If the Fairfax City Parks and Recreation Department cancels a trip, a full refund will be given.*






Refund Policy: **ALL SALES FINAL:** No refunds will be given on tickets already purchased. **Participants who request a refund must fill out a Refund Request form one week before the trip for refund consideration. If approved, a \$10 fee will be charged per person, per trip, to process the refund.**

Inclement Weather: Staff will notify registered trip participants if weather necessitates trip changes.




Note: Due to conditions beyond our control, it is sometimes necessary to adjust itineraries, change meal selection, or cancel a trip.



For further trip information, please check the website (www.fairfaxva.gov/government/parks-recreation/the-young-at-heart-senior-center/senior-trips) or call Green Acres Center: 703-273-6090.

ICON LEGEND:

	Lunch Included in Trip		Uneven Walking
	Bring \$ for Lunch/Shopping	SG/GT	Self-Guided Tour/ Guided Tour
	Ticketed Event		Significant Walking/Standing






September 2025

  	<p style="text-align: center;">Washington Nationals vs. the Atlanta Braves (Washington, DC)</p> <p>You requested, and we listened! We're happy to announce that we're heading back to National's Park to see the Nats go against our NL East "twins": the Atlanta Braves. This particular game is also be part of the Nat's "\$5 Tuesdays" promotion, meaning it's \$5 beers, hot dogs, pretzels, popcorn, nachos, and sodas at the ballpark! An insane deal! We also listened to your suggestions and secured ground floor seating right next to the left field foul pole. We're so close to the outfield you could count the blades of grass! Perfect seats for catching (or dodging) foul balls.</p> <p><i>Although there is a double-header (a second evening game) this day, we are leaving Nationals Park at the conclusion of the first game (~4:30pm). Walking intensive. Lunch not included in trip price. Participants must be able to navigate stairs.</i></p> <p>Tuesday, September 16 Depart: 11:30am Approx. Return: 5:30pm</p>	\$80
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 <p style="text-align: center;">GT</p> 	<p style="text-align: center;">Sailing Tour on the <i>Woodwind</i> & Walking Tour of Naval Academy (Annapolis, MD)</p> <p>Calling all adventurers! Come set sail with us on the 74-foot schooner Woodwind on a sailing tour around Annapolis Harbor and the United States Naval Academy! A 2025 Travelers' Choice Awards winner, the Woodwind is highly rated for its professional crew, tour quality, and thrilling experience. After sailing, we'll have lunch around the historic Annapolis City Dock and take an official walking tour of the US Naval Academy. On this tour, we'll learn the ins-and-outs on how the famous, long-standing institution shapes our best and brightest US Navy midshipmen.</p> <p><i>Participants who are prone to motion sickness or loss of balance are not advised to join this trip. The sailboat may tilt up to 30 degrees on its side (that's the fun part). Walking intensive. Tour may be 3+ miles of nonstop walking. Lunch not included.</i></p> <p>Wednesday, September 24 Depart: 8:00am Approx. Return: 6:30pm</p>	\$95
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Trip details, prices, and dates are subject to change.





Fairfax City Parks and Recreation Department will comply with the Americans with Disabilities Act (ADA), which prohibits discrimination on the basis of disability. Fairfax City Parks and Recreation Department will make reasonable accommodations in recreation programs to enable participation by an individual with a disability who meets essential eligibility requirements for that recreation program. The ADA requires that recreation programs offered by Fairfax City Parks and Recreation Department be available in the most integrated setting appropriate for each individual.

	Lunch Included in Trip		Sailboat Ride Included
	Bring \$ for Lunch/Shopping	SG/GT	Self-Guided Tour/ Guided Tour
	Ticketed Event		Significant Walking/Standing



October 2025

	<p style="text-align: center;">Walking Tour of Historical Old Town Fairfax (Fairfax City, VA)</p> <p>When you drive to Green Acres, have you ever looked around and wondered about the historical significance of the countless landmarks within our City? If so, join us on this very cost-effective (free) walking tour of Fairfax City! Graciously offered by two expert Fairfax City historians and tour guides, this walking tour is sure to be informative and intriguing. Very limited spots available, so make sure to sign up early! Please read the important notes below:</p> <p><i>There is NO transportation available for this trip. Members must find their own means of transport to meet up in front of the Old Fairfax Courthouse. Walking intensive.</i></p> <p>Wednesday, October 1 Meetup: 11:00am Approx. End: 12:30pm</p>	<p style="text-align: center;">FREE</p>
  GT	<p style="text-align: center;">Riverboat Crab Feast & Love Point Winery (Hurlock, MD)</p> <p>A crab feast onboard a riverboat... what's not to like? Join us on a beautiful 3-hour voyage while indulging on locally caught steamed crabs, crab soup, fried chicken, clam strips, coleslaw, dessert, and a fully stocked cash bar. Set against the backdrop of the scenic Choptank River in blooming fall colors, this unforgettable experience blends authentic Eastern Shore flavors with old-fashioned riverboat charm. We'll then make a pitstop at Love Point Winery, a small couple-owned vineyard situated on the shoreline of Kent Island. This is going to be a fantastic day!</p> <p><i>Crab feast is included on this trip. Winery food/drinks not included. Members will shellfish allergies are not advised to join this trip. Participants must be able to climb a brief flight of stairs.</i></p> <p>Thursday, October 2 Depart: 9:00am Approx. Return: 7:00pm</p>	<p style="text-align: center;">\$137</p>
SG/GT  	<p style="text-align: center;">Unforgettable Day at Graves Mountain Lodge (Syria, VA)</p> <p>Let's devour a tasty homemade family-style lunch of fried chicken, mashed potatoes and gravy, green beans, corn pudding, coleslaw, baked apples, homemade rolls and dessert while we enjoy the stunning views of the Blue Ridge Mountains as they change over to their striking fall colors. Afterward, we will head over to the barn to see the farm animals and visit their orchard. Our final stop is the packing shed for apple purchases before departing back to Green Acres.</p> <p><i>Lunch included in trip price; bring money for apples or other fall goodies.</i></p> <p>Wednesday, October 8 Depart: 10:00 am Approx. Return: 5:00pm</p>	<p style="text-align: center;">\$90</p>

	Lunch Included in Trip		Boat Ride Included
	Bring \$ for Lunch/Shopping	SG/GT	Self-Guided Tour/ Guided Tour
	Ticketed Event		Significant Walking/Standing

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