

***Stronger Together* Peer-to-Peer Support Groups for Youth ages 14-22 and for Parents and Caregivers are open!**

Formed Families Forward is pleased to offer a twice-monthly peer support group for youth and young adults, and a separate group for parents and caregivers. Both groups are facilitated by professional clinicians. Group participation is FREE!

The groups are designed for youth who have experiences with social services, special education, mental health services, or substance abuse and recovery. **We hope your office will share the enclosed flyer and share information about the groups with students and their families.**

The groups meet two Tuesday evenings a month in Fairfax city, through May. A light dinner of pizza and salad is served. Specific location information will be provided upon registration at www.FormedFamiliesForward.org.

Feel free to contact us at info@formedfamiliesforward.org or 703-539-2904

Formed Families Forward
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Formed Families Forward is a non-profit organization which offers training and support to families formed by foster care, adoption and kinship care raising children and youth with special needs. *Stronger Together* groups are open to **any youth** who have lived experiences and can benefit from peer support, and to any parents/caregivers.



YOUTH & YOUNG ADULTS AGE 14-22 PARENTS & CAREGIVERS

join us for

STRONGER TOGETHER

PEER SUPPORT GROUPS

Groups are open to youth and young adults who have personal experience with social services, special education, mental health services, and/or substance use treatment.

Share your story and strategies for wellness and get support from your peers. Our groups meet two Tuesday evenings a month, October through May, in Fairfax city.

A group for parents and caregivers of children and youth meets concurrently. Professional clinicians facilitate both groups. Light dinner served to all.



Let us know if you are interested in participating!

www.FormedFamiliesForward.org • info@formedfamiliesforward.org • (703) 539-2904