

Parks & Rec Connected

A COMPLETE GUIDE TO **FAIRFAX CITY**
EVENTS, ARTS, PROGRAMS AND PARKS

FALL 2020



ELITE SPONSORS

FAIR CITY MALL



SENIOR & ADULT CLASSES

PAGES 10, 19

VIRTUAL CRAFT SHOWS

PAGE 17



Parks & Recreation
fairfaxva.gov/parksrec

Parks & Rec Connected

Fairfax City Residents

I want to take this opportunity to reach out to our amazing community and give an update on what is happening in Parks and Recreation. As we all navigate through this pandemic together, it is important to understand that our team has been focused on providing a safe and enjoyable experience for you by following protocols being issued by the Center for Disease Control and Prevention (CDC), Fairfax County Health Department, and the Governor of Virginia.

Our park facilities, playgrounds, picnic pavilions, courts, skate park and dog park are open, but we ask that you recreate wisely. It's a great time to go for a walk, take a jog or ride your bike. Please follow health guidelines and the governor's mandates.

Unfortunately, many classes, programs and long held community events have been cancelled due to the limit on crowd size, high amount of touch points and the inability to provide and enforce adequate social distancing. This was not an easy decision for us to make.

We are moving forward with limited programming at both **Sherwood** and **Green Acres**. Based on the needs of our community and the Fairfax County Public School decision for 100% virtual learning this fall we have initiated a social distancing, cohort **Connected Care** child care and virtual learning program. This program will be located at Green Acres. To still accommodate the limited number of senior programs we can safely hold, fall classes and programs are being moved to the Sherwood Center. Current guidelines necessitate a reduction in class sizes and enhanced health monitoring and cleaning protocols.

Our primary goal is to keep our residents safe during this time of uncertainty. We are very sorry for the inconvenience cancellations have caused our patrons.

From our staff to you, **WE MISS YOU!** We look forward to offering a wide range of activities, programs, and events in the near future. Your support, patience and understanding are greatly appreciated as we work through these unprecedented times.

Warm Regards,

Cathy Salgado

Director of Parks and Recreation

MAYOR & COUNCIL



MAYOR

David L. Meyer
david.meyer@fairfaxva.gov



COUNCILMEMBER

Joseph Harmon
joseph.harmon@fairfaxva.gov



COUNCILMEMBER

So Lim
so.lim@fairfaxva.gov



COUNCILMEMBER

Janice Miller
janice.miller@fairfaxva.gov



COUNCILMEMBER

Tom Ross
tom.ross@fairfaxva.gov



COUNCILMEMBER

Jon R. Stehle Jr.
jon.stehle@fairfaxva.gov



COUNCILMEMBER

Sang Yi
sang.yi@fairfaxva.gov

PARKS & RECREATION ADVISORY BOARD

- Zinta Rodgers-Rickert, *Chair*
- Brian Knapp, *Vice-Chair*
- Michael Anderson
- Brian Cipriano
- Amir Eftekhari, *Planning Commission Representative*
- Pat Gallagher, *Commission on the Arts Representative*
- Evangelia Ifantides

- Kim Luckabaugh
- Sandy Moshos, *Senior Center Representative*
- James Rich, *Community Appearance Representative*
- Sarah Ross
- Jon Buttram, *Co-School Board Representative*
- Carolyn Pitches, *Co-School Board Representative*

TABLE OF CONTENTS

Happenings	4
Keeping Us All Safe	8
Senior Programs	10
Historical Fairfax	13
Rental Venues	15
Special Events	16
Adult Programs	19
Live Life in the Arts	20
Partner Sports Programs (FPYC & FFL)	23
Parks, Trails, Fields & Pavilion Rentals	24
General & Registration Information	26
Registration Form	27

PARKS & RECREATION LOCATIONS

GENERAL INFORMATION:

Phone: 703-385-7858
Fairfaxva.gov/ParksRec
parksrec@fairfaxva.gov

CITY HALL

10455 Armstrong St. Suite 123, Fairfax, VA 22030
Hours: By Appt Only Until Further Notice
Phone: 703-385-7893

Staff:

- **Cathy Salgado**, Parks and Recreation Director
cathy.salgado@fairfaxva.gov
- **Jamie Dodson**, Administrative Services Coordinator
jamie.dodson@fairfaxva.gov
- **Megan DuBois**, Cultural Arts Manager
megan.dubois@fairfaxva.gov
- **Mitzi Taylor**, CPRP, Events & Athletic Manager
mitzi.taylor@fairfaxva.gov
- **Serrita Farnsworth**, Special Events Coordinator
serrita.farnsworth@fairfaxva.gov
- **Richard Wyant**, Athletics Supervisor,
richard.wyant@fairfaxva.gov

STACY C. SHERWOOD CENTER

3740 Old Lee Highway, Fairfax, VA 22030
Hours: Open for Classes & Events Only - Closed to Public
 Until Further Notice
Phone: 703-385-1695

Staff:

- **Karen Lussier**, CPRP, Recreation Manager
karen.lussier@fairfaxva.gov
- **Katie MacCammon**, CPRP
Community Programs Coordinator,
katherine.maccammon@fairfaxva.gov

OLD TOWN HALL

3999 University Dr., Fairfax, VA 22030
Hours: Open for Programs & Events Only - Closed to
 Public Until Further Notice
Phone: 703-273-2377

GREEN ACRES CENTER

4401 Sideburn Road, Fairfax, VA 22030
Hours: Open for School Age Child Care and Main Street
 Child Development Center Only
Green Acres Fitness Room - Closed Until Further
 Notice
Phone: 703-273-6090

Green Acres Staff:

- **Anne Chase**, CPRP, Recreation & Senior Center Manager,
anne.chase@fairfaxva.gov

Facility Rentals Staff:

- **Brianne Baglini**, CPRP, Operations Manager,
brianne.baglini@fairfaxva.gov
- **Kaveh Tajalli**, CPRP, Facilities Coordinator,
kaveh.tajalli@fairfaxva.gov

PARKS

- **Mac Ryan**, Parks Manager, michael.ryan@fairfaxva.gov
- **Mike Freeman**, Supervisor, michael.freeman@fairfaxva.gov
- **Christopher Fleming**, Supervisor,
christopher.fleming@fairfaxva.gov
- **Demetric Willingham**, Supervisor,
demetric.willingham@fairfaxva.gov



FALL REGISTRATION OPEN:
SEPTEMBER, 8, 2020 AT 8:30 AM
 EXCEPT WHERE NOTED



**PARKS & REC CONNECTED IS
 PUBLISHED 3 TIMES A YEAR:**

Winter/Spring—January through April
 Summer—May through August
 Fall—September through December



WE APPRECIATE YOUR FEEDBACK!

Please contact our office at 703-385-7858 or email
 parksrec@fairfaxva.gov with questions, suggestions or comments.



CAPRA ACCREDITATION

The Fairfax City Parks and Recreation Department is a National Parks and Recreation Association accredited department proving the highest level of service to our community. There are only 172 accredited CAPRA departments nation wide.

STAY CONNECTED WITH US ON SOCIAL MEDIA!



FFXCityParksRec



FFXCityParksRec



FFXCityParksRec



FFXCityParksRec



CityofFairfaxVA

Happenings

Beverly Myers

*Chairman of Independence Day Celebration Committee
Chairman of Chocolate Lovers Festival Committee*

This year, we celebrate Beverly Myers for her decades of devoted service. Over the years, Beverly has donated her time, skills and talent to not only her immediate community but to those outside it.

Beverly is Chairman of the Independence Day Celebration Committee and the Chocolate Lovers Committee, two of our most anticipated annual events. Through her leadership and commitment, the City's Independence Day Parade continues to be one of the best parades in Virginia, ever growing and attracting spectators from all around. Her unwavering determination with the Chocolate Lovers Festival resulted in vendors booking a year in advance for the Taste of Chocolate event that each year on opening day creates lines that wrap around Old Town Hall.

Not only has the City's events benefited from Beverly's organized efforts but it has also benefited from her representation on local news channels, including NBC4, various publications and online presence.

Among Beverly's selfless efforts, she has received the PRAB Exemplary Service Award (2020), Volunteer of the Year Award (2017), Mayor's Award for Outstanding Community Service and Dedication to Volunteerism (2012) and VFW Post #8469 Americanism Award Citation (2010).

After all these wonderful years in Fairfax City, Beverly is retiring and plans to move back to her hometown of Missouri at the end of September.



"Beverly is one of a kind with her infectious smile and personality. She has led IDCC on a fun and rewarding journey. I've enjoyed working with her in so many ways----we shared great times with happy memories....fun on the reviewing stand at the 4th of July parade, our Saturday morning coffee with Walt discussing IDCC plans, Chocolate Lovers happy chaos. Her success with every event made for a happy community. Her ability to keep our meetings to one hour always made us smile. She is a special friend. I will miss her."

- Charlie Potock

"I met Beverly Myers while I worked as a CSR for Fairfax City Parks & Recreation at the special events like Chocolate Lovers and the July 4th parade and evening show. Over the years, we became friends and I have enjoyed learning how she does such a fantastic job at whatever she is involved in. She has devoted many hours of her personal time to make sure that all the events are the best they can be. Beverly will be greatly missed. I wish her all the best in her new adventure!"

- Brenda Brichant

"I was introduced to Beverly by Tina Cunningham who was at the time Branch Manager of the City of Fairfax Regional library. It was my first Chocolate Lovers Festival Meeting. I could immediately see this was a woman who had passion for her city, her many projects and would get things done. Shortly thereafter, I learned that she was also the force behind the Fourth of July Parade and celebration in the City as well. Her most meaningful action on my behalf came many years later when I was Branch Manager of the library and the long standing library staff participation in the parade, as the award winning book cart drill team was in jeopardy. Beverly went to the library administration and fought for us to participate. Her support meant everything to me. I have enjoyed working with Beverly for over 15 years and will miss her but know she will be a welcome presence where ever she goes."

- Kathy Hoffman



Five Minutes with

Christopher Fleming, ISA Certified Arborist Parks and Recreation

Christopher Fleming, a certified arborist and horticulturist, joined the Parks and Recreation Department in March 2019. He's the city's local Lorax, the guy who keeps trees trimmed and landscapes neat and tidy. Fleming grew up near Woodson High School and spent his youth exploring the city's forests and trails. "I love having the opportunity to contribute to the community where I grew up," he says.

Fleming comes from a family of landscapers and thanks his father for teaching him the skills he uses today, and for the appreciation for nature that drives his work. As a city employee he is responsible for the health and maintenance of the trees and plants growing within the city's parks and green spaces. A typical day for Fleming may include any number of seasonal gardening tasks, such as planting, weeding, pruning, and mulching. Fleming oversees large tree projects and trail maintenance and is always ready to fire up his chainsaw and clear obstructions.

Fleming loves working for the City of Fairfax. "I feel a deep connection to the earth and the natural environment in which we reside," he says, adding, "Every day brings some kind of excitement, whether it be spotting wildlife along the trails, identifying an unusual



plant I come across, or simply taking in the colors, shapes, and natural beauty within the landscape."

There is never a lull when it comes to maintaining the city's green spaces. On Fleming's short list is the installation of shade structures at the dog run in Westmore Park. "The project will allow our canine friends and human companions to stay cooler," he says.

Fleming covers a lot of ground each week, but with more than 250 acres of parkland to manage, he can't be everywhere. Identifying issues across such a large area can be challenging. He looks for trails blocked by fallen trees and inspects playground equipment for maintenance needs, but reports from park users are always appreciated. "It helps immensely when the community reports these issues and concerns through the city's website along with photos and a good description of where they are located," he explains. Fleming notes that there are many opportunities for volunteers to help keep forests and stream valleys clean, remove invasive plants, or even adopt an area to help maintain. Email parksrec@fairfaxva.gov to learn how you can help.

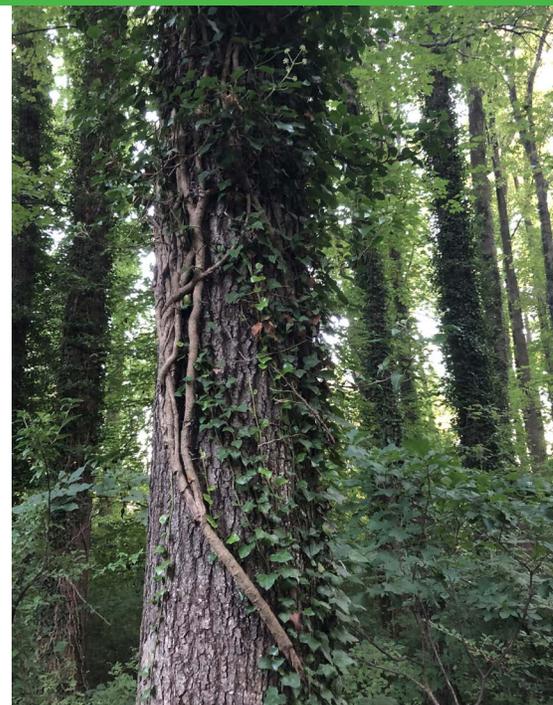
Save Our Trees!

Invasive Plant Removal Events

September 27 1 - 4PM

October 4 1 - 4PM

Help eradicate English ivy and other plants harmful to the trees at Providence Park. Volunteers will meet at the Providence Park pavilion. Participants can attend either or both, but please R.S.V.P. to parksrec@fairfaxva.gov as attendance is limited to provide the best possible experience for all. Volunteers are encouraged to wear long sleeves, long pants, closed shoes, gloves, hat, mask and bring water. Bring clippers if you have a pair, but tools will be available. Anyone under age 13 must be accompanied by an adult. All volunteers are required to participate in a brief instructional introduction at 1PM, and guidance will be provided throughout the event. Social distancing will be practiced and masks are required. No one with COVID symptoms should attend and participants are encouraged to take personal precautions.



Happenings

Peace Bird

Lands at Van Dyck Park



The City of Fairfax recently installed a new piece of public art in Van Dyck Park called Peace Bird, designed by New Orleans-based artist Michael Cain. The six-foot-tall, brushed aluminum sculpture was installed Thursday, July 9, 2020. Peace Bird was placed in memory of local advocate Armistice Turtora, a longstanding member of the City of Fairfax Commission on the Arts and the Parks and Recreation Advisory

Board. Peace Bird is located at the top of the Armistice Turtora Field in Van Dyck Park, next to an existing memorial bench and plaque that describes her civic contributions.

Michael Cain is a sought after musician and multimedia artist, whose public art pieces can be seen all over Louisiana. He wanted “the bird to be a mirror-like surface to reflect the surroundings” of the park. The vertical pedestal on which Peace Bird is mounted complements the trees around it.

Armistice Turtora was born November 11, 1926. She lived in the City of Fairfax from 1959 until her death in 2017. Turtora was actively involved in the community throughout her 56 years in the city. She served on the Country Club Hills Civic Association in a number of roles including president. Turtora was also instrumental in the establishment of Parks and Recreation Advisory Board, serving as its first chair in 1969. In 2005 she joined the Commission on the Arts, where she served for 10 years.

The Commission on the Arts is thrilled to add this piece to the City of Fairfax’s collection of public art. Former chair of the Commission on the Arts Molly Grimsley, said, “The verticality and motion of the bird suggests hope and new experiences, yet, it also brings a sense of peace and meditation, which, for those of who knew Armistice, fits in with her.”

The City of Fairfax Commission on the Arts collected donations upon Turtora’s death with the intention of placing a piece of public art in Van Dyck Park in her



honor. Turtora’s daughter, Janice Turtora Zagardo, made a matching contribution to ensure that Peace Bird could be made. The mayor and city council approved the funding for Peace Bird on January 22, 2019.

Arbor Day

Tree Planting

October 24 9 - 11AM
Providence Park

Celebrate the city’s 33rd year of participation in the Arbor Day Foundation’s Tree City USA program. The city’s Environmental Sustainability Committee will teach you how to plant a seedling. Seedlings planted during previous Arbor Day events are shading and beautifying city school campuses. A limited number of tree seedlings will be available to take home.

According to the Arbor Day Foundation, “As trees grow, they help stop climate change by removing carbon dioxide from the air, storing carbon in the trees and soil, and releasing oxygen into the atmosphere. Trees provide many

benefits to us, every day. They offer cooling shade, block cold winter winds, attract birds and wildlife, purify our air, prevent soil erosion, clean our water, and add grace and beauty to our homes and communities.” The USDA Forest Service says, “Trees properly placed around buildings can reduce air conditioning needs by 30 percent and can save 20–50 percent in energy used for heating.”

Gloves are recommended for this event. Social distancing will be practiced and masks are required. No one with symptoms should attend. Individuals are encouraged to take personal precautions. Please R.S.V.P. to parksrec@fairfaxva.gov.



Outdoor Recreation for Seniors

A great way to stay active and fit this Fall is to take advantage of our outdoor facilities located throughout Fairfax City!

BOCCE

We are excited to announce our new Bocce courts were completed in August here at Green Acres. All are welcome to come play throughout the fall on your own. We will soon have a storage unit for you to access equipment to borrow. As many of you know who play on the senior bocce league, we are host to the Bocce and Horseshoe events during the Northern Virginia Senior Olympics each September open to all residents ages 50 years and older, living in a sponsoring jurisdiction. This year out of concern and safety for the participants, the NVSO executive committee has decided to cancel the event, but plan to host and look forward to seeing everyone in 2021.



PICKLEBALL

Currently Pickleball courts are available at Green Acres and Van Dyck Park for all to use for unreserved play. New this season courts will be opening at Providence and Kutner parks.

At each site we provide equipment for you to use in the storage unit next to the courts. Many of the senior center members are currently playing pickleball week day mornings at Van Dyck. The Parks and Recreation Department will be offering outdoor senior pickleball lessons starting in September.

Please remember to put all the equipment back in the proper manner and lock the unit up when finished playing and please follow the guidelines on the courts.

All equipment should also be in good working condition. Should an item is broken or needs to be replaced, please report any damage to the Parks and Recreation department.

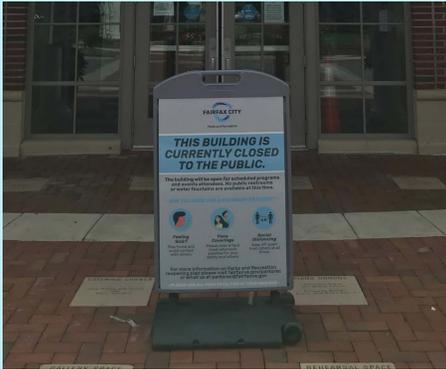
Just a reminder that the City buildings remain closed and bathrooms are not accessible to use; however there is a porta potty in the back gravel lot at Green Acres.

Please contact the parks department by email at parksrec@fairfaxva.gov for the combination.

Keeping Us All Safe

Facility Changes

Notable Changes to Our Facilities During COVID-19!



Currently our facilities are open for selected programming ONLY and remain closed to the general public. Our facilities have gone over some major changes in order to comply with COVID-19 safety guidelines from the Virginia Governor's office Virginia Forward guidelines and the Centers for Disease Control and Prevention (CDC) and other trusted sources.

Cleaning Procedures

- Enhanced and more frequent custodial tasks based on CDC guidelines
- Instructors and staff will sanitize all highly touched surfaces and items prior to and after each class or program
- Proper ventilation will be assured during use of cleaning products
- Staff will have PPE and will follow good hand hygiene

What To Expect:

- Signage is displayed outside as well as throughout the building providing mandatory COVID-19 safety guidelines
- Countertop shields are placed at high traffic area desks and tables
- Hand sanitizing stations and temperature readers are available at all locations
- Smaller class capacities in line with social distancing guidelines
- Water fountains will not be in use
- Restroom occupancy will be limited
- Separate Entry and Exit locations
- Check in times for classes or programs may take a bit longer than usual as we go through the safety requirements, consider arriving a few mins early.

Rules

Rules and Regulations to follow while visiting

- **A face covering is required to enter any of our buildings**
- **Follow proper prevention hygiene - washing your hands frequently**
- **Social distancing will remain in effect until further notice. We recommend social distancing of 6-10 ft inside and outside our facilities**
- **No congregating before or after a class/program**

Parks and Amenities

Are Open for Fall!

All parks, playgrounds, community gardens, all courts, skate park and dog park are open. We are now accepting field permits and picnic pavilion rentals.

Is equipment being sanitized?

It is impossible for the City to disinfect park equipment and furnishings to the extent of wiping out the spread of COVID-19. The safest ways to avoid spread is to wash your hands frequently, social distance where possible and wear a mask when in close proximity of others.

Will restrooms be available?

Port-a-Potties will be available at most parks.

Are organized sports allowed?

All organized sports are allowed at this time. More information on FPYC and FLL on page 25.

Signage below will be displayed at all city parks

SLOW THE SPREAD



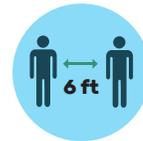
Feeling Sick?

Stay home and avoid contact with others.



Face Coverings

Please wear a face mask whenever possible for your safety and others.



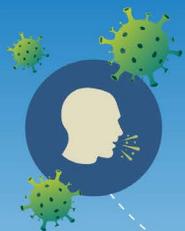
Social Distancing

Keep 6ft apart from others at all times.

Please keep our parks clean and dispose of all personal protection Equipment (PPEs) properly and do not litter. Improper disposal of PPEs can help contribute to the spread of COVID-19.

nrrpa.org/Coronavirus

COVID-19: PHYSICAL DISTANCING IN PUBLIC PARKS AND TRAILS



Do not use parks or trails if you are exhibiting symptoms.



Be prepared for limited access to public restrooms or water fountains.



Share the trail and warn other trail users of your presence and as you pass.

Follow CDC's guidance on personal hygiene prior to visiting parks or trails.

Observe CDC's minimum recommended physical distancing of 6' from other persons at all times.



NRPA National Recreation and Park Association
Because everyone deserves a great park

Senior Programs

Lunch and Learn

Lunch and Learn has gone VIRTUAL! Join in on the learning online!
REGISTRATION REQUIRED for all sessions: [Click here](#) to register online
or call 703-273-6090

Location: Virtual via Zoom

Fee: FREE with registration



ESTATE PLANNING 101

Speaker: Alison Mathey Lambeth, Attorney at Law, Lambeth Law, PLLC

Friday, Sept. 18: 1PM

Please join for a free legal webinar to discuss Estate Planning 101. This webinar is perfect for anyone just starting the process or wanting to update old documents and is especially relevant during the current pandemic. This lecture is designed to highlight the main parts to an estate plan and the critical importance of each document. Topics include wills and why you need one, revocable living trusts, advance medical directives (living wills, healthcare proxy and DNR's), power of attorney for financial transactions and probate. Estate planning helps protect your family and loved ones by allowing them to know and execute your wishes in a simple manner in the event of your incapacity or death. Doing this now while you are healthy and have capacity can provide huge savings down the road and eliminate unnecessary costs, time and fees later.

ARE YOU SAFE ONLINE?

Speaker: Alexa Squirini (SPIN Global)

Friday, Oct. 9: 12 - 1:30PM

As Americans are increasingly utilizing mobile phones, tablets, and wearables to stay connected, informed, and involved with family and friends, we will discuss how to protect against cyber attackers. In this session, participants will learn how to be on guard against phishing, online fraud, and identity theft. We are using the internet for tasks now more than ever in the pandemic environment, and we'll make sure you're practicing habits to stay safe online.

MACHINE LEARNING

Speaker: Jeff Dove, Fairfax City IT Department

Thursday, Nov. 12: 12 - 1PM

We will discuss how machines are analyzing our vast amounts of data to learn and how it impacts our lives. There will also be time to ask your questions to our IT specialist.

AFTERNOON TEA PARTY

Speaker: Anne Chase and Kathy Carter

Friday, Dec. 4: 2 - 3PM

Enjoy a virtual tea party with your friends. Wear your favorite tea hat get your tea and food ready and join us for an afternoon tea right in your own home. Be sure your gadgets are charged up, with a power cord nearby just in case. Now look your best. Then log on to chat with the group. Cheers!



Do you have a talent or skill to share?

Please contact the Senior Center Manager, Senior Center Staff or send us an email at parksrec@fairfaxva.gov

FALL INDOOR FITNESS CLASSES RELOCATED TO SHERWOOD!

Green Acres will be temporarily hosting Connected Care. Connected Care is school-age child care and a virtual learning center that will assist working families in Fairfax City while Fairfax County Public Schools are closed. All senior related indoor activities will be relocated to Stacy C. Sherwood Community Center.

FITNESS

SENIORCIZE

Instructor: Teresa Fletcher

Mondays: 9 - 9:45AM

6 weeks: \$42

Cardio, weight training and stretch! Involve your upper and lower body with weights and bands. Okay - it may not be easy, but you'll be glad you're working out to keep your muscles strong and supple!

SEPT 14 - OCT 19 SESSION A

BEGINNER PICKLEBALL LESSONS

Instructor: Ron Tugwell

Mondays: 12 - 1PM

Fee per session: \$25

Location: Van Dyck Park

Learn the basics of the fastest growing court game and prepare for indoor or outdoor play. After your 3 consecutive lessons, beginners practice in our free weekly Mondays from 12-1 pm; plus weekly 55+ Pickleball Play held Mondays, Wednesdays, Thursdays and Fridays from 1-4 pm; Tuesdays 1-3 pm; outdoor court available anytime. Fairfax City Senior Center membership required.

SEPT 14, 16, 18 SESSION A

OCT 19, 21, 23 SESSION B

INTERMEDIATE PICKLEBALL: DRILLS AND SKILLS

Instructor: Ron Tugwell

Mondays: 12 - 1PM

Fee per session: \$25

Location: Van Dyck Park

Take your game to the next level with competitive play and drills to improve strategy, team work and communication. Focus on short and long dinks, improve serves through variance and depth drills, plus work on the all-important volley. Open only to those who have taken beginner classes or with instructor approval. Outdoor court available anytime.

SEPT 21, 23, 25 SESSION A

OCT 26, 28, 30 SESSION B

NEW! TAI CHI CHUAN - ALL LEVELS

Certified Instructor: David Cohen

Fridays: 10:15AM

Fee per session: \$42

Location: Sherwood

Tai chi's graceful and precise movements develop balance, alignment and relaxation. This gentle yet powerful discipline integrates body, mind and spirit and helps you become more rooted and relaxed. Cohen, a certified instructor, leads you through techniques for balance and proper breathing.

SEPT 18 - OCT 23 SESSION A

DARLENE'S CLASSES

November 4 - December 10

Make-ups: Dec 15, 16, 17

No class: Nov 11 & 26

SENIORCIZE

Tues, Wed, Thurs: 9 - 10AM

6 weeks: \$108

Heart strengthening cardio, abs, balance work and toning. 20-minutes strength training with weights, bars & tubing. Cool down and stretch.

ZUMBA GOLD

Tues, Wed, Thurs: 10:15 - 11:15AM

6 weeks: \$125

For active adults who are looking for a fun, low intensity Zumba workout. Includes balance, range of motion and toning sticks.

PILATES MAT

Tues, Wed, Thurs: 11:30-12:30AM

6 weeks: \$125

A total body workout with focus on the core muscles of your back and abs. Bring your own mat.



Senior Programs

ACTIVITIES

Registration required. Class size limited to 25. Box lunch will be provided

BINGO

Friday, October 2: 1 - 2:30PM

Location: Sherwood

Bringing your old favorite back using the same guidelines from our senior center bingo days! Everybody wins! \$2/2cards + \$1 each additional. Prizes awarded. Must pre-register limited to the first 25 people to sign up. Need 15 people
Check in time: 12:45

THE IMPORTANCE OF MENTAL HEALTH

Speaker: Lesley Abashian LCSW, CPM
Director of Human Services, Fairfax City

Friday, November 20: 1 - 3PM

Location: Sherwood

Experiencing depression isn't the same as being sad. Taking care of your mental health is as important as caring for physical conditions. Depression can actually worsen physical health conditions. Knowing the warning signs of depression can make a really difference in someone's quality of life. Join me to discuss this important topic with time for Questions with Lesley.

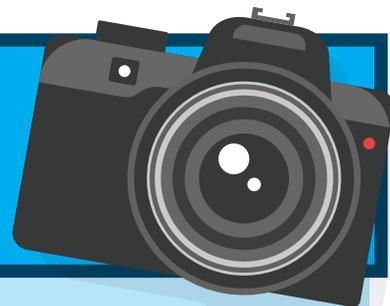
DIY CRAFTER-NOON

Friday, December 18: 1 - 3PM

Location: Sherwood

Bring your own materials and come work on your favorite project while sharing ideas, learning new skills, and enjoying the company of fellow crafts enthusiasts. We will also provide crafting materials to explore a new projects.

YOUNG AT HEART ANNUAL PHOTO CONTEST 2020 YOUR PICTURES WANTED!



Categories include:

- Nature • Friends & Family
- Travel • Around Fairfax City
- ***NEW*** At Home (*selfie photos, stay-cations, home projects, gardening, etc*)

An entry form with rules are available at <https://www.fairfaxva.gov/home/showdocument?id=16624>

Photo Contest Rules:

- 1) Submitter/photographer must be a member of the Fairfax City Senior Center
- 2) All photographs must be taken January 1 - September 18, 2020
- 3) Only one picture may be submitted per category



Historical Fairfax

TRAVELING EXHIBITIONS

Fairfax Museum and Visitor Center,
10209 Main Street, Fairfax, VA
703-385-8414
fairfaxva.gov/visitors

“Rightfull Hers: American Women and the Vote”

Dates: Sept 10 - Oct 25

Pop-Up exhibition from the National Archives tells the national story of the women’s suffrage movement.

SECOND SUNDAY PROGRAM

Location: City Hall Annex
FEE: Free
703-385-8414
fairfaxva.gov/visitors

“The Occoquan Suffrage Prisoners”

Sunday, Sept 13, 2PM

Presented by Alice Reagan, Associate Professor of History, Northern Virginia Community College. Learn more about the suffragists arrested for protesting in front of the White House – who were imprisoned and force-fed at the former Occoquan Workhouse in Lorton.

“Suffrage Stories with Local Connections”

Sunday, October 11, 2PM

Historic Resources staff members Susan Inskip Gray and Cami St. Germain will focus on the suffrage activities of Virginian Dr. Kate Waller Barrett and Fairfax sisters Helen and Jennie Moore.

Visit fairfaxva.gov/suffrage for a complete list of opportunities to celebrate the centennial of women’s suffrage.



HISTORIC BLENHEIM MONTHLY PROGRAM

Saturday, September 26, 2 PM

Location: City Hall Annex
fairfaxva.gov/visitors

FREE

Angelina Grimke: One Woman Against a Nation

Join Lynne Garvey-Hodge as she gives a first-person voice to Angelina Grimke, a Southern-born early 19th-century abolitionist who, with her eldest sister Sarah, spoke out the horrors of slavery. Angelina Grimke was an early American political activist, women’s rights advocate, and a supporter of the women’s suffrage movement.

Join us:

- City Hall Annex: Limited Socially Distanced Seating • First come, first serve
- Livestreamed and archived on the city website
- Live and replayed on Cityscreen-12

BOOK TALKS, SALES & SIGNINGS

Location: Civil War Interpretive Center at Historic Blenheim
3610 Old Lee Highway Fairfax, VA
703-591-0560
fairfaxva.gov/visitors
FEE: Free

“Voices in the Attic: The Williamstown Boys in the Civil War”

Saturday, October 24, 2PM

Author Carelton Young spent a decade retracing the steps of two Vermont soldiers whose 250+ letters were found in a trunk in his parents’

attic. He will discuss the research and compelling story of these ordinary soldiers in not so ordinary times.

“Lee is Trapped and Must be Taken”

Saturday, November 21, 2PM

Author Rick Schaus focuses on the aftermath of the bloody Battle of Gettysburg and General George Meade’s response to President Lincoln’s mandate to bring about the “literal or substantial destruction” of Gen. Robert E. Lee’s retreating Army of Northern Virginia.



Your Home Improvement Specialist DESIGN/BUILD/CREATE

HB Home Services specializes in improving your home inside and out. Owner, Harry Hink, has over 25 years of experience in the home improvement industry.



- **WINDOWS**
- **DOORS**
- **SIDING & TRIM**
- **ROOFING & GUTTERS**
- **DECKS & FENCES**
- **PORCHES & PATIOS**
- **KITCHEN**
- **BATHROOMS**
- **REC ROOM**
- **BASEMENT REFINISHING**
- **AGING IN PLACE ADA COMPLIANT**

Quality you can trust!!



**We are PROUD sponsors of
City of Fairfax Parks and Recreation**

Visit us at Rock the Block and the Fall Festival

Call us today for a *complimentary* estimate

703-544-7356

www.hbservices.biz

Follow us on Facebook: www.facebook.com/HBservices

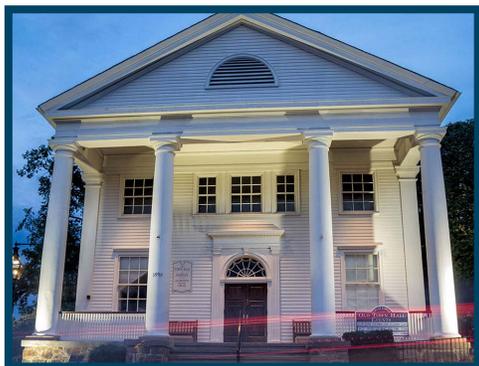
Mention this ad and receive our VIP pricing!



Rental Venues

Planning a party, wedding, or special event and need a one-of-a-kind space? Consider one of the exquisite venues in Fairfax City.

Here's a quick look at some of the spaces. For more information, visit fairfaxva.gov and search "Rental Venues" or call 703-385-7858



Old Town Hall

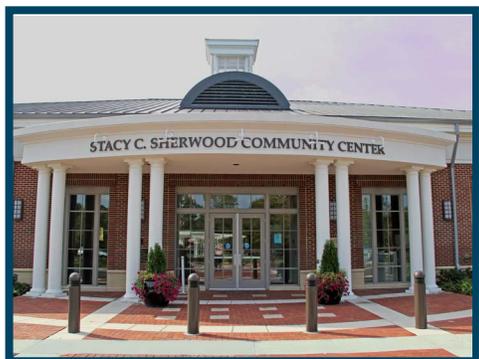
Time Honored Hall in the Heart of the City

Nestled in the heart of Old Town Fairfax City, this restored historic venue built in 1900, features Tuscan columns, impressive dormers, and classic woodwork. This beautiful building sits next to the popular Old Town Square park and sets the perfect backdrop for any event.

Historic Blenheim

Experience Nature & History in an Intimate Setting

This modern Civil War interpretive center functions as the optimal setting for your next event. The intimate building's vaulted ceilings, glass roof atrium, and floor-to-ceiling windows look out to the scenic Historic Blenheim grounds. Enjoy history and nature along with the convenience of present-day amenities.



Stacy C. Sherwood Center

Stylish & Contemporary Cultural Arts Center

This multiuse Cultural Arts Center has the flexibility to meet the needs for any size event, from the intimate small group meeting to your most anticipated wedding reception or anniversary party. Choose from four flexible rooms featuring state of the art technology, hardwood floors, and exhibited artwork.

Green Acres Center

Functional, Affordable, Convenient

This converted school offers many options for your next meeting as well as your next social occasion. The rooms at Green Acres can accommodate both large and small groups at an affordable rate. Host your next meeting, birthday party or family gathering!



Preschool Programs

2020/2021 SCHOOL YEAR

Sherwood Community Center, 3740 Old Lee Highway, Fairfax VA

REGISTRATION:

Registration for new students in the Little School and Mi Chu Chu Tren for the School Year 2020/2021 begins on Thursday, October 1, 2020 at the Sherwood Center and is on a first come, first served basis.

PAYMENTS:

Please see the fees for each program. A non-refundable **registration fee of \$200** is due at the time of registration. Monthly automatic payments will be made on Oct 1, 2020 – May 1, 2021. Please see the specific details below. All participants will be required to provide a credit card number on their account for these transactions.

POLICIES AND PROCEDURES:

Michuchutren and Little School are VA State Licenced Childcare schools and require the following paperwork:

(before start of program)

- Proof of age verification (birth certificate or current passport)
- VA State School Entrance Health Form – must be signed by the doctor (This includes a physical examination within 12 months and immunization records)

A parent handbook is provided with polices and the parents /guardians must agree to abide by all polices and procedures set forth by the City of Fairfax Parks and Recreation Department.

Parents must complete an Emergency Contact/Medical Forms before the start of the program. Information on Inclement Weather cancellations and delays will be listed in this book. Children must be potty trained, and if in the process, they are able to use pull ups, but parents will need to stay nearby in case they need a change. Teachers will not change diapers.



LITTLE SCHOOL

Ages: 3-5 years *(must be 3 by first day attending the program)*

Instructors: Cassandra Nabti and Karina Espinoza

Monday – Friday: October 1, 2020 – May 28, 2021, 9:30 -12:30 pm

Location: Sherwood Center

FEES:

- **Two Days:** (Tuesday and Thursday): **\$299/month**
- **Three Days** (Tuesday, Wednesday, Thursday): **\$449/month**

Little School is a fun recreational preschool program for the busy little ones! This interactive VA State licensed preschool will prepare them for school, while learning and having fun. Each day they will enjoy circle time, story time, art, music, singing, and games. Children in Little School will focus on learning ABC's, numbers 1-20, learning to write their names, as well as working towards other pre-k developmental milestones. Different themes will also be incorporated into the program. Children will bring a lunch to the program every day.





MICHUCHUTREN SPANISH IMMERSION PRESCHOOL

Ages: 2.5 - 5 years

(must be age by first day attending the program)

Instructors: Human Advance LLC Staff

Monday - Friday: October 1, 2020 - May 28, 2021

Location: Sherwood Center

FEES:

Ages 2.5-3 yrs

• **Two Days:**

(Monday and Friday, 9am-12:30pm): **\$395/month**

Ages 2.5-5yrs

• **Three Days:**

(Tuesday, Wednesday, Thursday, 9am-12pm): **\$539/month**

• **Five Days:**

(Monday and Friday, 9am-12:30pm & Tuesday, Wednesday, Thursday, 9am-12pm): **\$795/month**

An activity-snack fee will be charged for every kid on the first day of school. The fee varies depending on the program.

Michuchutren is the starting point for a wonderful life experience: bilingualism. Our licensed preschool offers a 100% Spanish immersion environment where they naturally learn the language. The program is carefully designed to enable children to gain bilingual confidence through a play-based approach. They understand that knowing a second language is a gift that will benefit them for life. Through multicultural experiences, lots of music and STEAM project-based activities, we help them understand the world around them and the strengths within them. Our holistic approach provides opportunities for an individualized process, allowing learners the time and space to develop their passions.

We want to foster in our children and their families love for the Spanish language, respect for diversity and pride in being bilingual. Our children will maintain their natural curiosity for learning and exploring their world while developing the skills required to succeed in a global world. To learn more about the curriculum, staff, and philosophy, please visit michuchutren.com/preschool.

SPANISH IMMERSION LUNCH STOP

FEES:

• **Two Days** (Monday and Friday, 12:30-1:30pm): **\$140/month**

• **Three Days** (Tuesday, Wednesday, Thursday, 12 - 1:30pm): **\$255/month**

The lunch stop is a unique opportunity to extend your preschooler's day and provide them with more of Spanish exposure while learning how to have their lunch in a school setting with friends and teachers (as they will do once they enter Kindergarten). Children will need to bring their own lunch.



Special Events

The City of Fairfax has made the difficult decision to cancel major public events through November 2020. Limitations on crowd sizes and adherence to social distancing guidelines make holding large, popular events nearly impossible. The decision is supported by the mayor and city council.

List of Canceled Events

Rock the Block
Beer in the Burbs
Fall Festival (virtual event)
Holiday Craft Show (virtual event)

Labor Day Car Show Wave Parade

September 7, 2020
10AM - 1PM

The Annual Labor Day Car Show will be held as a wave parade on September 7. Approximately 30 cars will roll through Fairfax City streets. Visit fairfaxva.gov/parksrec for a route map and live tracker.



Holiday Market
Old Town Square
10415 North Street

Join us for the 4rd Annual Fairfax City Holiday Market in Old Town Square. Come and shop the outdoor artisan market in the heart of historic Downtown Fairfax covered in holiday lights. Enjoy the holiday music, hot drinks, gourmet treats and more!

The Holiday Market will be open the first 2 weekends of December on Friday, Saturday and Sunday. Each weekend hosts a different group of artisans.

Market Dates
Weekend 1
December 4, 5 & 6
Weekend 2
December 11, 12 & 13

Market Times
Fridays: 5 - 8PM
Saturdays: 12 - 6PM
Sundays: 12 - 4PM



ELITE SPONSORS - FAIR CITY MALL & HB HOME SERVICES

The Fairfax City Parks and Recreation Department is pleased to announce Fair City Mall and HB Home Services as its Elite Sponsors. This sponsorship will help to offset expenses of the city's special events while providing marketing and promotional opportunities for Fair City Mall and HB Home Services year round through the recreation department's many programs and events. Fair City Mall website: www.faircitymall.com and HB Home Services website: <http://hb-service.biz>

FAIR CITY MALL



SPONSORSHIP OPPORTUNITIES

For opportunities to partner with the City of Fairfax through sponsorship, please visit fairfaxva.gov/ParksRec. Your organization can benefit from this comprehensive year round marketing package. For more information call 703-385-7858.

VIRTUAL CRAFT SHOWS 2020

SPECIAL EVENTS



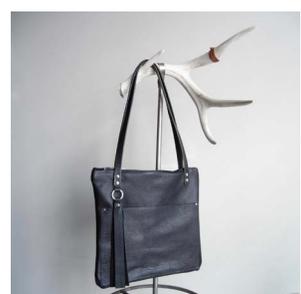
HOME

ARTISANS

ABOUT US

CONTACT US

FAQ



**SHOP YOUR FAVORITE ARTISANS ONLINE
DURING OCTOBER & NOVEMBER**

FAIRFAXFALLFESTIVAL.COM
FAIRFAXHOLIDAYSHOW.COM



FAIR CITY MALL

Special Events

FESTIVAL OF LIGHTS & CAROLS



Saturday, December 5, 12 - 6PM
Old Town Square, 10415 North Street
Free Admission

Holiday Festivities • 12 - 6PM

Come listen to live holiday music, crafts and enjoy s'mores and hot cider at Old Town Square

Tree Lighting Ceremony • 5:30PM

Come enjoy caroling and lighting of the Christmas tree at Old Town Square at 5:30PM.

For more information, call 703.385.7858 or visit fairfaxva.gov/specialevents

Sponsored by: **FAIR CITY MALL**



CHOCOLATE LOVERS FESTIVAL



February 5 - 7, 2021

The Chocolate Lovers Festival will be held Feb. 5-7, 2020 in historic Old Town Fairfax. The Chocolate Lovers Festival committee is currently looking for chocolate vendors, chefs and chocolatiers to participate in the event.

LIQUID CHOCOLATE

Kick off the best weekend of the year in Fairfax City with all of the liquid chocolate your heart desires! This heated tent will host different types of chocolate soda, chocolate wine, chocolate beer, hot chocolate, dessert wine pairings, chocolate milk & more! Free admission; alcohol tasting, \$2; non-alcohol tasting, \$1.

CHOCOLATE CHALLENGE

Applications to participate in the Chocolate Challenge are being accepted. The Challenge is a two-day display of donated, chocolate creations by both amateur and professional chefs and chocolatiers. Both judges and visitors to the event will have an opportunity to judge the entries in numerous categories.

TASTE OF CHOCOLATE

Applications for chocolate vendors to participate in the Taste of Chocolate are being accepted. All accepted participants shall have products made from chocolate available for tastes.

Visit chocolatefestival.net to download the applications, or call 703.385.7949 for more information.

Adult Programs

DANCE



CLOGGING - BEGINNER III

Ages: 12+
Instructor: Martha Hemingway
Tuesdays: Sept 8 - Nov 10 (no routine on 10/6 or 13)
Location: Virtual
FEE: \$56

This dance class is for those 12 years old and up who have completed Beginner II clogging or who have prior clogging experience at that level. Martha will teach a new routine at a MODERATE pace to a different song each week. She will demonstrate each step slowly and then will add music for practicing. At the end of the video, Martha will dance the entire routine to the song. Sometimes there will be a reduced-speed version, but there will always be a regular-speed version. The clogging style is modern, not traditional. Martha's routines are NOT via Zoom. Registered dancers will receive a YouTube link via email.

CLOGGING II

Ages: 12+
Instructor: Martha Hemingway
Tuesdays: Sept 8 - Nov 10 (no routine on 10/6 or 13)
Location: Virtual
FEE: \$56

This dance class is for those 12 years old and up who can learn and execute clogging steps quickly. Martha will teach a new routine at a FAST pace to a different song each week. She will demonstrate new steps slowly and then will add music for practicing. At the end of the video, Martha will dance the entire routine to the song. Sometimes there will be a reduced-speed version, but there will always be a regular-speed version. The clogging style is modern, not traditional. Martha's routines are NOT via Zoom. Registered dancers will receive a YouTube link via email.

[Click Here to Register Online](#)

FITNESS

CARDIO CIRCUIT

Mondays: 10:15-11:10AM
Instructor: Teresa Fletcher
Location: Sherwood
FEE: Session A \$48, Session B \$56

An energizing and empowering workout that will challenge all major muscle groups while using dumbbells and your own body weight. Intervals of cardio moves will be done between toning exercises. Lots of fun! Bring your water bottle.

SEPT 14 - OCT 19 SESSION A
NOV 2 - DEC 14 SESSION B

[Click Here to Register Online](#)



Live Life in the Arts

31ST SEASON BONITA LESTINA OLD TOWN HALL PERFORMANCE SERIES

fairfaxva.gov/culturalarts
703-352-ARTS (2787)

Sponsored by the City of Fairfax
Commission on the Arts

Fridays: 8PM

Location: Old Town Hall

FEE: Free

Nov. 20 Dong Xi with Tom Teasley

Dec. 11 Cathedral Brass

ARTSCREEN

fairfaxva.gov/culturalarts
703-352-ARTS (2787)

Sponsored by the City of Fairfax
Commission on the Arts.

Fridays: Doors will open at 7PM,
Movie will begin at 7:30PM

November 13 Big Night

Location: Sherwood Center

FEE: Free

Join us as we celebrate the arts in
movies! Free refreshments will be
provided.

FALL FOR THE BOOK

fallforthebook.org

Location: Virtual via Crowdcast

Based at George Mason University,
Fall for the Book is an independent
non-profit literary arts organization
that promotes reading by sponsoring
a variety of year-round events and
activities, the flagship of which is
the Fall for the Book festival held
each October. The festival includes
activities for both children and adults.
For a full schedule of events visit,
fallforthebook.org

Homecoming: Mason's Alumni Reading

September 10 at 7PM

Come back to George Mason
(virtually) this fall as alumni of the
Creative Writing MFA Program gather
to read selections from their latest
prose and poetry.

Race, Work, and Healthcare in the New Economy: A Conversation with Adia Harvey Wingfield

September 16 at 4:30PM

Adia Harvey Wingfield's book
Flatlining: Race, Work, and Health
Care in the New Economy offers a
rigorous intersectional analysis of the
American healthcare industry in the
New Economy.

"All Women Everywhere": Power and Teamwork with Abby Wamach

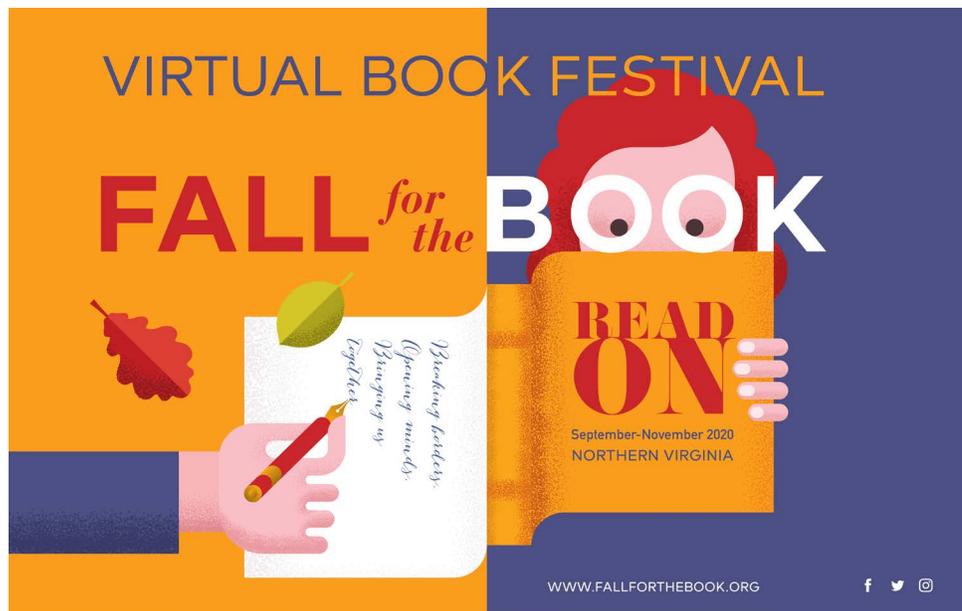
September 28 at 1PM

Two-time Olympic gold medalist
and FIFA World Cup champion Abby
Wambach's new book, Wolfpack: How
To Come Together, Unleash Change,
and Change the Game, centers
around taking strength back into the
hands of women everywhere.

Digital Anthology: A Poetry Daily Reading

October 5 at 7PM

Poets Sandra Lim, author of The
Wilderness, Vivek Narayanan, author
of Life and Times of Mr. S, Peter
Streckfus author of Errings, and
Carmen Giménez Smith, author of Be
Recorder, will read from their award-
winning work.



The Beck Environmental Lecture: All We Can Save with Dr. Ayana Elizabeth Johnson

October 21 at 7PM

Feminism and climate activism mix in the anthology *All We Can Save: Truth, Courage, and Solutions for the Climate Crisis*.

Halloween Special: The Curious and Chilling History of Shapeshifters

October 31 at 12PM

Poets Sandra Lim, author of *The Wilderness*, Vivek Narayanan, author of *Life and Times of Mr. S*, Peter Streckfus author of *Errings*, and Carmen Giménez Smith, author of *Be Recorder*, will read from their award-winning work.

The Cost of Inclusion

November 10 at 12PM

What do students give up to fit in? Sociologist Blake Silver's *The Cost of Inclusion: How Student Conformity Leads to Inequality on College Campuses* explores the many ways students seek out a sense of belonging and make sacrifices in order to fit in.

Poetry Night In

November 10 at 7PM

Our usual Poetry Night Out is now In, but that won't hold back an inspiring evening while four poets gather to read from their new works.

More Than a Game: The Meaning of Sports in Turbulent Times

November 17 at 7PM

Three authors discuss the significance of sports at moments of societal change, in both our history and present-day.

FUNDAY MONDAY

fairfaxva.gov/culturalarts
703-352-ARTS (2787)

Sponsored by the City of Fairfax Commission on the Arts and Paint your Own Pottery

Location: Old Town Hall & Virtual

Mondays: 10:30AM

FEE: Free (Donations are greatly appreciated)

Family programming every Monday for children of all ages, especially those who haven't started school yet. There will be music, movement, storytelling, performances, crafts, and more!

MUSIC

FRIDAY MORNING MUSIC CLUB

fmmc.org

Dates: October 16 & November 20

Time: 12PM

Location: Virtual

FEE: Free

This series is presented Online by the Friday Morning Music Club, Inc., a community of music lovers and musicians dedicated to promoting classical music throughout the metropolitan area. On the third Thursday of the month they host their performances at Old Town Hall.

THEATRE

CITY OF FAIRFAX THEATRE

fairfaxcitytheatre.org

Thursdays, 7PM

Dates: Sept 24, Oct 22, Nov 19

Location: CityScreen 12

FEE: Free

Join the City of Fairfax Theatre Company for nights of improv, cabaret and storytelling! All from the comfort of your home!

**THEATRE THURSDAYS:
LIVESTREAM SERIES WITH
THE CITY OF FAIRFAX
THEATRE COMPANY**

At Fair City Mall, it's easy! Easy to save money. Easy to find what you're looking for. We have the stores, brands and prices that you and your family want. Plus, we're conveniently located right here in the City of Fairfax.



Say Hello To
Good Buys

FAIR CITY MALL
faircitymall.com

On Main Street, across from W. T. Woodson High School,
and access on Pickett Road

Shoppers Food, Lifetime Athletic,
Bed Bath & Beyond, DSW Shoes, Marshalls,
A.C. Moore, Cinema Arts and dozens
of other stores and services.



Partner Sports

REGISTRATION INFORMATION

Register online—
it's easy—at
fpycsports.com.
Walk-in registration is
held at the FPYC
Clubhouse at Providence
Park on select dates.
Visit FPYC's
website for details at
www.fpycsports.com

Fairfax Police Youth Club (FPYC), Fairfax Little League and HUSEL Youth Hockey operate independently of the City of Fairfax Parks and Recreation Department. Please note that the city doesn't control or guarantee the accuracy, relevance, timeliness or completeness of this information. Also, the inclusion of these groups isn't intended to endorse any views expressed or products or services offered by these organizations.

FPYC and Fairfax Little League thank the hundreds of families who volunteer countless hours to support the sports programs that benefit the overall health and happiness of kids—and ultimately build a better community!

BASKETBALL

Offers both house leagues for boys and girls, ages 7-18, and select teams of various ages for boys and girls to compete in the Fairfax County Youth Basketball League. The season begins in Dec. and Jan., with games every Sat. or Sun. through March, and practices one night a week.

FIELD HOCKEY

Registration is for girls and boys in grades 3-8 during the spring. Teams are formed by age and ability. Players learn the game in nine clinic-and-game-play sessions. Practices and scrimmages are held Sun. from 6:30-8:30pm.

FLAG FOOTBALL

Non-contact, recreational league open to all boys and girls ages 5 to 14. Fosters an "Everyone Plays" policy, children of all athletic abilities and experience are encouraged to participate. FPYC provides a fun environment while providing a platform for the growth and discipline that football requires. Through movement, decision making and reaction, your child will take part in this unique football experience.

FOOTBALL

The program is a member of the Fairfax County Youth Football League. Practices are held at Draper Drive Park beginning in late August. The season is eight weeks, with most games on Saturdays. The season kickoff is the Kopper Bowl.

IRISH FOOTBALL

FPYC Football is an easy-to-learn and very low-impact game (also known as Gaelic football) that mixes everything from soccer to volleyball to non-contact rugby. For boys and girls, grades K-12, the Sunday-only format (Sept-Nov) includes fun clinics and matches each week with certified coaches. Great for cross-training!

LACROSSE

Open to girls and boys, ages 7-15, regardless of experience. FPYC lacrosse is a spring sport with practices twice a week and games on Saturdays (boys) and Sundays (girls).

RUNNING/TRACK & FIELD

During the fall, the FPYC Cheetahs running program focuses on off-road distance running (1K to 5K). In the spring, the focus is on track and field, including sprints, distance running, jumps and throws. Practices are on Sundays, Tuesdays and Thursdays.

SOCCER

Team play (house and travel) for boys and girls, ages 3-18. Soccer plays two seasons, fall and spring. Both seasons consist of eight to 10 weeks of practices and Saturday (house) or Sunday (travel) games.

VOLLEYBALL

Runs in the fall and spring seasons. Teams vary from the elementary to high-school levels. We cover fundamentals and develop strong team-building skills. Scrimmages and matches are arranged within FPYC and neighboring organizations.

WRESTLING

Boys and girls ages 5-14 learn basic through advanced skills and techniques. Registration begins in September, and the season runs from November through February.

YOUTH CHALLENGED

Youth Challenged League provides an opportunity for mentally or physically challenged children and young adults to learn the games of soccer, basketball and lacrosse while participating in an organized sports program.

YOUTH FIELD HOCKEY

HUSEL Youth Hockey offers high performance field hockey training for elementary, middle school, and high school student-athletes. HUSEL has been honored as a USA Field Hockey National Club of the Year Finalist, 3x USA National Indoor Champion (U14, U16, U19), and 2020 Mid-Atlantic Champion. HUSEL athletes commit to play at some of the most prestigious colleges in the country. For more information, you can visit their website at huselsports.com.

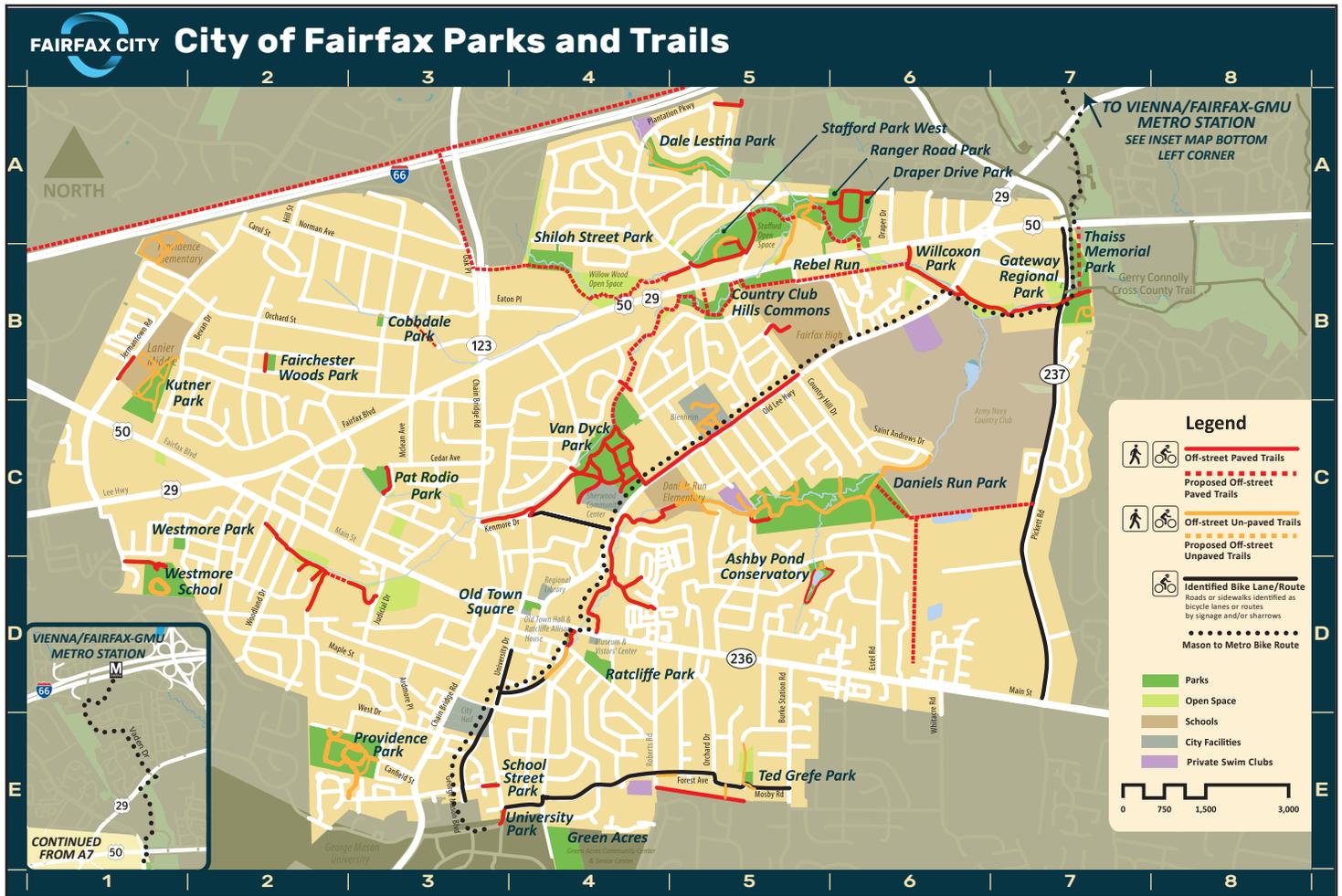
FAIRFAX LITTLE LEAGUE

Celebrating more than 60 years of providing young people the opportunity to participate in organized baseball in the Fairfax area. Little League baseball offers young people between 4 and 26 years of age a timeless team sport. Fairfax Little League comprise two separately chartered leagues—American and National—that work together under a single board of directors. Our divisions provide players appropriate level of play based on their age and skill: t-ball, minors, majors, intermediate, juniors, seniors, big and challenger.

www.FairfaxLL.com



Parks & Trails



PARK PAVILION RENTALS

Any time of the year is a perfect time to celebrate a special occasion at one of our park pavilions! Pavilion rentals are available year round from dawn to dusk.

To reserve a City of Fairfax park pavilion, visit fairfaxva.gov/parksrec, or visit any of our office locations.

RENTAL FEES

(all fees must be paid at the time of reservation)

Large Pavilion (8 tables; capacity of 60):

\$100 for 4 hours of use, \$15 for each additional hour

- **Providence Park**, 10715 West Drive
- **Van Dyck Park (Upper)**, 3720 Old Lee Highway

Small Pavilion (4 tables; capacity of 40):

\$75 for 4 hours of use, \$10 for each additional hour

- **Kutner Park**, 3901 Jermantown Road
- **Ratcliffe Park**, 10300 Sager Avenue
- **Van Dyck Park (Lower)**, 3720 Old Lee Highway
- **Westmore Park**, 4030 Fern Street

Find out more about reservations, refunds, cancellations, and large group rentals at fairfaxva.gov/parksrec.

ATHLETIC FACILITIES

The City of Fairfax has many athletic amenities for use by the community. Some fields and gyms can be reserved through the City of Fairfax Parks and Recreation Department. This includes:

- Synthetic turf fields are located at Draper Drive Park (2), Stafford Drive Park (1) and Fairfax High School (1)
- Diamond/rectangular fields (various schools and parks)
- Gyms (which can be scheduled for volleyball, basketball, or other gatherings, located at Daniels Run Elementary, Providence Elementary, Lanier Middle School and Fairfax High School)

Prices vary depending on use. To apply for a facility use permit, download, complete and submit the appropriate application by visiting fairfaxva.gov/parksrec.

If you have any questions regarding registration or prices, please contact the Athletic Services Division at 703-220-5102 or 703-385-7893, Monday -Friday, 8:30am - 5pm, or email richard.wyant@fairfaxva.gov

Parks

	Map Quadrant	Parking Spaces	Restrooms/Portables	Ball Diamonds	Basketball Courts	Gardens	Pavilions	Picnic Tables	Playgrounds	Rectangular Fields	Skate Parks	Tennis Courts	Trails Paved (Miles)	Trails Unpaved (Miles)	Volleyball Courts
Ashby Pond Conservatory	6-D	2				1		2					0.07	0.31	
Autumn Woods Open Space	2-C												0.17		
Belle's Bird Sanctuary Park	4-C					1							0.03		
Cobbdale Park	3-B							4						0.01	
Country Club Hills Commons	5-B						1	5							
Dale Lestina Park	5-A								2	3					0.28
Daniels Run Park	6-C							3	1				0.06	0.95	
Draper Drive Park	6-A	83	✓							2			0.42		
Fairchester Woods Park	2-B				0.5			3	1				0.06		
Gateway Regional Park (NVRPA)	7-B														
Judicial Drive Property	3-D													0.13	
Kenmore Drive Trail	4-C												0.14		
Kutner Park	2-B	34	✓			1	1	4	1	1		1		0.64	1
Old Town Square	3-D	43	✓			1									
Pat Rodio Park	3-C			2					1	1			0.11		
Providence Park	3-E	70	✓	4			1	9	2	1		2		0.77	
Ranger Road Park	6-A				1			2	1					0.26	
Ratcliffe Park	4-D		✓	1	1		1	4	2						
Rebel Run	5-B														
Sager Trail	4-D												0.08		
School Street Park	3-E												0.01		
Shiloh Street Natural Area	4-B														
Shiloh Street Park	4-B														
Stafford East	5-B														
Stafford Park West	5-B	52	✓						1	1			0.31	0.15	
Ted Grefe Park	5-E													0.15	
Thaiss Memorial Park	7-B	71	✓	5			1	3	1				0.07	0.17	
University Park	4-E							2					0.05		
Van Dyck Park	4-C	89	✓		1		2	18	2		1	4	1.23		3
Westmore Park	2-D				2		1	4	1						
Westmore School Site & Dog Park	2-C			1	2				1				0.11	0.17	
Wilcoxon Park	6-B												0.39	0.25	
Willow Wood Open Space	4-B														

Facilities

City Hall (Main Office)	3-D	100	✓			1		3							
Green Acres Community Center & Senior Center	4-E	58	✓	1	1.5			8	1	1					
Historic Blenheim	5-C	34	✓											0.38	
Old Town Hall	4-D		✓			1									
Stacy C. Sherwood Community Center	4-C	77	✓												

Schools

Daniels Run Elementary School	5-C	105	✓	2	2			1	1				0.08	0.35	
Fairfax High School	5-B	811	✓	2				1		2					
Providence Elementary School	1-B	115	✓	3	2				1					0.57	
Sidney Lanier Middle School	1-B	136	✓							3			0.09	0.19	

GENERAL INFO & REGISTRATION INFORMATION

FALL 2020 REGISTRATION (ONLINE AND BY MAIL)
BEGINS SEPTEMBER 8th AT 8:30AM UNLESS OTHERWISE NOTED

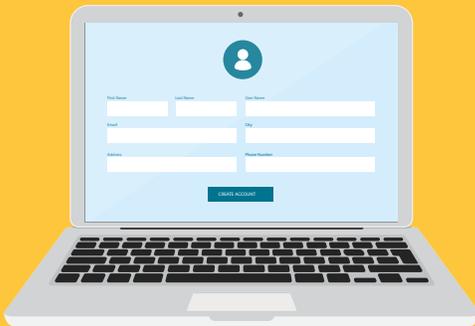
HOW TO REGISTER:

1. **ONLINE:** 24 hours a day,
www.fairfaxva.gov/ParksRec
2. **MAIL-IN:** Use the form on page 29 or download registration form at fairfaxva.gov/parksrec and mail to City of Fairfax Parks and Recreation, 10455 Armstrong St., Fairfax, VA 22030

PAYMENT METHODS ACCEPTED

- **CREDIT/DEBIT CARDS:**
American Express, Discover, MasterCard or Visa
- **CHECKS** (Payable to 'City of Fairfax')
- **CASH**

Payment must be made at the time of registration (unless otherwise specified). Assumption of Risk Waiver, found on registration form, must be signed by all participants at time of registration. Parent/legal guardian signature is required for participants under the age of 18 years.



OFFICES CLOSED UNTIL FURTHER NOTICE

ADA

The City of Fairfax Parks and Recreation Dept. complies with the Americans with Disabilities Act (ADA), which prohibits discrimination on the basis of disability. The City of Fairfax Parks and Recreation Dept. will make reasonable accommodations in recreation programs to enable participation by an individual with a disability who meets essential eligibility requirements for that recreation program. The ADA requires that recreation programs offered by City of Fairfax Parks and Recreation Department be available in the most integrated setting appropriate for each individual.

ADVERTISEMENTS

Advertisement in this publication does not express or imply the endorsement of a business or its products and services by the City of Fairfax Parks and Recreation Dept.

CODE OF CONDUCT

The City of Fairfax Parks and Recreation Department promotes

an environment that is conducive to the recreation and enjoyment of all patrons utilizing the facilities, programs and events provided and requests participants and spectators to observe the Code of Conduct. Please visit fairfaxva.gov/parksrec for more details.

BEHAVIOR POLICY

Parks and Recreation classes are to be enjoyed by all from youth through adults. Participants that continually disrupt the class experience for other class members will be asked to withdraw from the class. Refunds will be offered for the balance of classes.

NSF CHECKS

Checks returned for insufficient funds will be assessed an additional \$25 fee, and the check writer may be restricted from paying by check for future classes or trips.

PHOTO RELEASE

Participants in activities sponsored or co-sponsored by the Park and Recreation Department consent to the department's use of any photograph, film, or videotape of the activity in any marketing or promotional materials.

FINANCIAL ASSISTANCE

City of Fairfax Parks and Recreation's goal is to have all government programs, services, classes and camps accessible to all residents. While anyone and everyone is welcome to take our classes programs, only **Fairfax City** residents can qualify for fee reductions for classes and camps. These discounts are available on a sliding scale based on household income. Annual income verification is required. For more information, visit fairfaxva.gov/ParksRec/financialassistance.

REFUNDS

If a class is cancelled by the Parks and Recreation Department, the registrant will receive a full refund. A registrant requesting a refund for a class must complete the 'Refund Request Form' found at any of the Fairfax City Parks and Recreation offices or online at fairfaxva.gov/parksrec. The City of Fairfax Parks and Recreation Department reserves the right to accept or decline refund requests.

CITY OF FAIRFAX PARKS AND RECREATION DEPARTMENT



Administration Office
 10455 Armstrong Street Phone: 703-385-7858
 Fairfax, VA 22030 Fax: 703-246-6321
 www.fairfaxva.gov ParksRec@fairfaxva.gov

PARENT/GUARDIAN/PRIMARY HOUSEHOLD CONTACT INFORMATION

LAST NAME _____ FIRST NAME _____ HOUSEHOLD E-MAIL _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

() () ()

HOME PHONE _____ CELL PHONE _____ OTHER PHONE NUMBER _____

EMERGENCY CONTACT NAME _____ RELATION _____ EMERGENCY CONTACT NUMBER _____ RELATION _____

CHECK IF YOU ARE A CITY OF FAIRFAX RESIDENT

PARTICIPANT'S LAST NAME	FIRST NAME	DATE OF BIRTH	SEX	GRADE	PROGRAM TITLE	SESSION	FEE

By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected with COVID-19 by entering or utilizing Fairfax City facilities, and that such exposure or infection may result in personal injury, illness, permanent disability, and/or death. I understand that the risk of becoming exposed to or infected with COVID-19 may result from the actions, omissions, or negligence of myself and others. I voluntarily agree to assume all of the risks and accept sole responsibility for any injury to myself or my child(ren) including, but not limited to, personal injury, disability, death, illness, damage, loss, claim, liability, or expense of any kind that I may experience or incur in connection with my entering or utilizing Fairfax City facilities. On my behalf, and on behalf of my child(ren), I hereby release, covenant not to sue, discharge, and hold harmless Fairfax City's officials, employees, and agents from and against any and all liability, claims, demands, actions, causes of action, damages, and expenses arising or in any way related to my entering or utilizing Fairfax City facilities. I understand and agree that this release and covenant not to sue includes, but is not limited to, any claims related to COVID-19 based on the actions, omissions, or negligence of Fairfax City's officials, employees, and agents, whether a COVID-19 infection occurs before, during, or after my entering or utilizing Fairfax City facilities.

PRINT NAME _____

PARTICIPANT/PARENT OR LEGAL GUARDIAN SIGNATURE (All participants over 18 years of age must sign this registration form.) _____ DATE _____

PAYMENT METHOD AmEx Discover MasterCard Visa Cash Checks (Please make check payable to City of Fairfax.)

CREDIT CARD OR CHECK NUMBER _____ EXP DATE _____ / _____ CSV/SECURITY CODE _____

TOTAL FEE _____

CARD SIGNATURE _____



Parks and Recreation



City Hall, 10455 Armstrong Street, Fairfax VA 22030
Phone: 703-385-7858 • fairfaxva.gov/parksrec

This catalog was printed on Forest Friendly Chorus Art FSC certified paper with 25% recycled post-consumer waste. The use of this environmentally friendly paper saves the following:

Wood Use	5 trees
Total Energy	4 Million BTUs
Greenhouse Gases	602 lbs. CO2 equiv.
Wastewater	173 gallons
Solid Waste	395 pounds



FFXCityParksRec



FFXCityParksRec



FFXCityParksRec



FFXCityParksRec



CityofFairfaxVA

FOR MORE INFORMATION PLEASE VISIT:
fairfaxva.gov/parksrec
or call 703-385-7858

Fall 2020 Registration Begins Sept 8th



10% OFF Any Tree Service

With this advertisement only. Not good with any other offers. Limited Time Offer.



www.jltreeservice.com
support@jltreeservice.com

- Certified Arborists
- Tree & Shrub Pruning
- Tree & Stump Removal
- Crane Services
- Mulch Sales

Licensed &
Fully Insured
ISA Certification MA-5018A
MD License #1736

24 HOUR EMERGENCY SERVICE
FREE ESTIMATES
703.359.4444

10395 Democracy Ln Suite A Fairfax, VA 22030

